

# Sunrise Leadership Series

## Lead Yourself First For Effective Employee Engagement

The AME Sunrise Series continues its focus on employee engagement, exploring how leading yourself first creates stronger influence, trust, and engagement across teams. This session will uncover how self-leadership directly impacts confidence, communication, and the ability to take people with you.

### What You Will Learn

- How to lead yourself with confidence and clarity
- Practical ways to take people with you
- How self-trust drives stronger team engagement

### Agenda

6:45am – Doors Open  
7:00am – Welcome & Introductions  
7:15am – Warm-up: Taking People With You  
7:30am – Lead Yourself First + Q&A  
8:10am – Wrap-up, key take-away, feedback, photo  
8:20am – Networking  
8:30am – Event Close

### Who Should Attend

- Senior Leaders
- Departmental People Leaders
- Operations Improvement Leads
- Aspiring and Developing Leaders

### Key Details

Date: Tuesday 16 June 2026

Time: 6:45 am - 8:30am AEST

Venue: Westfield Garden City Library Level 3

Format: Networking Breakfast

Fee: AME Member \$15 / Non Member \$30

### Presenter - Janice Elsley



Leadership & Change Expert, International Author, Podcast Host and Human Design Coach

Janice supports leaders with neuroscience- and psychology-based tools to build trust, lead with empathy, and create clarity and purpose. She is the author of Leadership Legacy.

**REGISTER HERE**



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